# APPENDIX A AHAF Recommended Reading List

### **GRAPHOLOGY**

Amend, Karen & Mary Ruiz. *Handwriting Analysis, the Complete Basic Book;* Newcastle Publishing, N. Hollywood, CA; 1980.

Bar-Av, Ze-ev, Ph.D. and Sheila Lowe. *Psychology & Handwriting*, a series of print lectures; 2010.

Dosch, Esther. Graphology of the Stroke; International Graphological Colloquium; 2004.

Farmer, Jeanette. *The Theory of Contraction and Release in Handwriting;* self-published monograph, Denver, CO: 1990.

Hayes, Reed. Between the Lines; Destiny Books, 1993.

Iannetta, Kimon, Reed Hayes, James F. Craine. *Danger Between the Lines*. Self-published spiral bound, 2008.

Jacoby, H.J. Analysis of Handwriting, John Dickens & Co. LTD, Northampton, 1968.

Klein, Felix. Gestalt Graphology, iUniverse; Bloomington, IN; 2007.

Lazewnik, Baruch. *Handwriting Analysis, a Guide to Understanding Personalities;* Whitford Press, W. Chester, PA: 1990.

Lowe, Sheila. *The Complete Idiot's Guide to Handwriting Analysis* 2nd Edition; Alpha; Indianapolis, IN; 2004.

Lowe, Sheila. Handwriting—What's Freud Got to Do With It? Self-published monograph; 2012

Mendel, Alfred O. Personality in Handwriting; Newcastle Books, Van Nuys, CA; 1990.

Nezos, Renna. *Graphology, the Interpretation of Handwriting;* Trafalgar Square/David & Charles, N. Pomfret, VT; 1986.

Olyanova, Nadya. *Handwriting Tells;* Bell Publishing Company; 1975.

Pulver, Max. Symbolism of Handwriting; Scriptor Books, London, England, 1994.

Roman, Klara. Handwriting, a Key to Personality; Pantheon Books; New York, NY;1975.

Saudek, Robert. Experiments in Handwriting; Books for Professionals; Sacramento, CA; 1978.

Saudek, Robert. *The Psychology of Handwriting;* Books for Professionals, Sacramento, CA; 1978.

Seifer, Marc. The Definitive Book of Handwriting Analysis; Career Press; 2008.

Teillard, Ana. *The Soul in Handwriting;* Scriptor Books; London, England, 1995 (available as a free download on the AHAF website in the Members Only area).

Victor, Frank. Handwriting, a Personality Projection; Fern Ridge Press, Eugene, OR; 1989.

Hartford, Huntington. You Are What You Write; Macmillan Publishing Co., New York, NY; 1973.

Sonnemann, Ulrich. Handwriting Analysis; Grune & Stratton, New York, NY; 1950.

#### **PSYCHOLOGY**

Adler, Alfred. Understanding Human Nature: The Psychology of Personality, Oneworld, 2009

Bandura, Albert. Social Learning Theory; Prentice Hall, 1976.

Bar-Av, Ze-ev, Ph.D. and Sheila Lowe. *Psychology & Handwriting*, a series of print lectures; 2010.

Ewen, Robert B. An Introduction to Theories of Personality 4th Ed. Psychology Press, 2009.

Erikson, Erik. Identity and the Life Cycle; W. W. Norton & Company, 1994.

Frankl, Viktor. Man's Search for Meaning; Beacon Press, 2006.

Fromm, Erich. *The Art of Loving*. Harper Perennial Modern Classics, 2006.

Goleman, Daniel. Emotional Intelligence; Bantam, 1995, 1997.

Hall, Calvin S. Hall. A Primer of Freudian Psychology; Plume, 1999.

Hall, Calvin S. Hall & Vernon J. Nordby. A Primer of Jungian Psychology; Plume, 1999.

Horney, Karen. Our Inner Conflicts: A Constructive Theory of Neurosis; W. W. Norton & Company, 1992.

Horney, Karen. The Neurotic Personality of Our Time; W.W. Norton & Company, 1994.

Joseph, Rhawn. Right Brain and the Unconscious-Integrates Physiology & Neuro Psychology, 1992.

Jung, Carl G. Man and His Symbols; Dell, 1968.

Maslow, Abraham. Toward a Psychology of Being; Wiley, 1998.

Perls, Fritz and Joe Wysong. *Ego, Hunger and Aggression: A Revision of Freud's Theory and Method.* The Gestalt Journal, 1992.

Piaget, Jean and Barbel Inhelder. *The Psychology of the Child*, Basic Books, 2<sup>nd</sup> Ed., 1972.

Shapiro, David. Neurotic Styles, Basic Books, 1999.

Storr, Anthony. The Art of Psychotherapy, Methuen, 1979, 1980.

## **Psychology Websites:**

Boeree, George – Excellent website: webspace.ship.edu/cgboer/ (click the Online Texts link)

Yale University Professor Paul Bloom, series of free hour-long videos: http://www.all-about-psychology.com/learn-psychology.html

## PROJECTIVE ANALYSIS GUIDEBOOKS

Burns, Robert C. PhD, *Kinetic-House-Tree-Person Drawings: H.T.P.D.: An Interpretive Manual*, 1987.

Wohl, Agnes & Bobbie Kaufman, *Silent Screams, Hidden Cries: an Interpretation of Artwork by Children from Violent Homes;* Brunner Mazel; 1<sup>st</sup> edition, 1985.

Barron & Wagele. The Enneagram Made Easy. Harper San Francisco, 1994.

DISC personality test: <a href="http://www.123test.com/disc-personality-test/">http://www.123test.com/disc-personality-test/</a>

Kiersey, David. Portraits of Temperament (Myers-Briggs), 1987.

Kiersey, David. Please Understand Me II, Temperament, Character, Intelligence (1998).

Kroeger, Otto & Janet Thuesen. Type Talk at Work, 2002.

Naranjo, Claudio. Character and Neurosis; Gateways/IDHHB, Inc., 1994

Oldham, John B. & Lois Morris. New Personality Self-portrait—Why You Think, Work, Love, and Act the Way You do; Bantam Books, 1995.

Palmer, Helen. The Enneagram in Love and Work, Harper Collins; 1995.

Riso & Hudson. The Wisdom of the Enneagram; Bantam Books; 1999.

Tieger & Barron-Tieger. Do What You Are: Discover the Perfect Career for You Through the Secrets of Personality Type, 2007.

#### **DRAWINGS**

Garner, Howard, Artful Scribbles.

Schmidt, Ruth M., Draw in the Box.

Whiting, Eldene, Doodles Diagnosed.

Check the Marcel B. Matley AHAF Library for availability of books for loan or for sale: <a href="www.ahafhandwriting.org/library">www.ahafhandwriting.org/library</a> or contact Linda Green, Librarian, at <a href="greenmsngr@gmail.com">greenmsngr@gmail.com</a> or (209) 518-8243.

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